

October 2018

Menu Pricing Breakfast Price: \$1.25 Breakfast Reduced: \$0.30 Adult Breakfast: \$1.75 Lunch Price: \$2.75 Lunch Reduced: \$0.40 Adult Lunch: \$3.75

New Hampton Elementary Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

- Signature Picks**
- Mozzarella Cheese Stuffed Bread Sticks
 - Marinara Sauce
- Side Picks**
- Green Beans
 - Assorted Fresh Fruit
- Deli Picks**
- Cheeseburger on Bun
 - Cafe Kids Plate
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
 - Garden Chef Salad with Cheese
 - **The Cape Codder Lunchbox**

2

- Signature Picks**
- Crispy Chicken Nuggets
 - The Sauce Bar
 - Warm Dinner Roll
 - Birthday Cake
- Side Picks**
- Roasted Chickpeas
 - Celery Sticks
 - Assorted Fresh Fruit
- Deli Picks**
- Hot Dog on Bun
 - Ham & Cheese Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
 - Garden Chef Salad with Cheese
 - **The Cape Codder Lunchbox**

3

- Signature Picks**
- Rolini Pasta
 - Classic Italian Meat Sauce - Bolognese
 - Garlic Bread
- Side Picks**
- Caesar Salad
 - Assorted Fresh Fruit
- Deli Picks**
- Bacon, Egg & Cheese on English Muffin
 - Egg Salad Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
 - Garden Chef Salad with Cheese
 - **The Cape Codder Lunchbox**

4

- Signature Picks**
- Honey Dipped Corn Dog
- Side Picks**
- Cucumber Wedges
 - French Fries
 - Ice Cream Cup
 - Assorted Fresh Fruit
- Deli Picks**
- Grilled Cheese Sandwich
 - Fruit & Yogurt Parfait
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
 - Garden Chef Salad with Cheese
 - **The Cape Codder Lunchbox**

5

No School

8

No School

9

- Signature Picks**
- Protein Flipped
 - Vegetable Fried Grains
 - Sweet & Sour Chicken
 - Confetti Cookie
- Side Picks**
- Sweet & Spicy Carrots
 - Chilled Pineapple
- Deli Picks**
- Hot Dog on Bun
 - Ham & Cheese Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Caesar Salad
 - Garden Chef Salad with Cheese
 - **The Better Cheddar Lunchbox**

10

- Signature Picks**
- Popcorn Chicken Mac & Cheese Bowl
- Side Picks**
- Broccoli Tops
 - Assorted Fresh Fruit
- Deli Picks**
- Bacon, Egg & Cheese on English Muffin
 - Egg Salad Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Ham & Cheese Garden Salad
 - Garden Chef Salad with Cheese
 - **The Better Cheddar Lunchbox**

11

- Signature Picks**
- Soft Beef Taco
 - Taco Fixings
 - Cilantro Rice
- Side Picks**
- Black Bean & Corn Salad
 - Orange Wedges
- Deli Picks**
- Grilled Cheese Sandwich
 - Fruit & Yogurt Parfait
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Bacon & Cheese Garden Salad
 - Garden Chef Salad with Cheese
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12

- Signature Picks**
- Cheese Pizza
 - Pepperoni Pizza
- Side Picks**
- Cucumber Wedges
 - Assorted Fresh Fruit
- Deli Picks**
- Chicken Patty on Bun
 - Turkey & Cheese Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Bacon Ranch Garden Salad
 - Garden Chef Salad with Cheese
 - **The Better Cheddar Lunchbox**

15

- Signature Picks**
- French Toast Sticks
 - Warm Maple Syrup
 - Breakfast Ham
- Side Picks**
- Sweet Potato Tots
 - Assorted Fresh Fruit
- Deli Picks**
- Cheeseburger on Bun
 - Cafe Kids Plate
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
 - Garden Chef Salad with Cheese
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16

- Signature Picks**
- Turkey & Bacon Melt
- Side Picks**
- Sweet Corn
 - Apple Crisp
 - Assorted Fresh Fruit
- Deli Picks**
- Hot Dog on Bun
 - Ham & Cheese Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
 - Garden Chef Salad with Cheese
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17

- Signature Picks**
- Pasta
 - Meatballs
 - Homemade Alfredo Sauce
 - Spaghetti Sauce
 - Garlic Parmesan Roll
- Side Picks**
- Caesar Salad
 - Assorted Fresh Fruit
- Deli Picks**
- Bacon, Egg & Cheese on English Muffin
 - Egg Salad Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
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18

- Signature Picks**
- The Very Hungry Caterpillar
 - Rotisserie Chicken Drumstick
 - Homestyle Biscuit
- Side Picks**
- Spaghetti Sauce
 - The Caterpillar's Basket-Fruit and Vegetable Tray
- Deli Picks**
- Grilled Cheese Sandwich
 - Fruit & Yogurt Parfait
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
 - Garden Chef Salad with Cheese
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19

- Signature Picks**
- Cheese Pizza
 - Pepperoni Pizza
- Side Picks**
- Hummus
 - Baby Carrots
 - Assorted Fresh Fruit
- Deli Picks**
- Chicken Patty on Bun
 - Turkey & Cheese Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
 - Garden Chef Salad with Cheese
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22

- Signature Picks**
- Crispy Chicken Nuggets
 - The Sauce Bar
 - Warm Dinner Roll
- Side Picks**
- Celery Sticks
 - Roasted Chickpeas
 - Assorted Fresh Fruit
- Deli Picks**
- Cheeseburger on Bun
 - Cafe Kids Plate
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
 - Garden Chef Salad with Cheese
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23

- Signature Picks**
- Mozzarella Cheese Stuffed Bread Sticks
 - Marinara Sauce
 - Chocolate Chip Cookie
- Side Picks**
- Sweet Peas
 - Assorted Fresh Fruit
- Deli Picks**
- Hot Dog on Bun
 - Ham & Cheese Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Caesar Salad
 - Garden Chef Salad with Cheese
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24

- Signature Picks**
- Chicken Parmesan
 - Pasta
 - Spaghetti Sauce
- Side Picks**
- Caesar Salad
 - Assorted Fresh Fruit
- Deli Picks**
- Bacon, Egg & Cheese on English Muffin
 - Egg Salad Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Ham & Cheese Garden Salad
 - Garden Chef Salad with Cheese
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25

- Signature Picks**
- Sweet & Sour Chicken
 - Sesame Noodles
- Side Picks**
- Ginger Carrots
 - Chilled Pineapple
- Deli Picks**
- Grilled Cheese Sandwich
 - Fruit & Yogurt Parfait
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Bacon & Cheese Garden Salad
 - Garden Chef Salad with Cheese
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26

- Signature Picks**
- Cheese Pizza
 - Pepperoni Pizza
- Side Picks**
- Cucumber Wedges
 - Assorted Fresh Fruit
- Deli Picks**
- Chicken Patty on Bun
 - Turkey & Cheese Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Bacon Ranch Garden Salad
 - Garden Chef Salad with Cheese
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29

- Signature Picks**
- Beef and Cheese Build Your Own Nachos
 - Seasoned Rice
- Side Picks**
- Cheesy Refried Beans
 - Mexicali Corn
 - Orange Wedges
- Deli Picks**
- Cheeseburger on Bun
 - Cafe Kids Plate
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
 - Garden Chef Salad with Cheese
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30

- Signature Picks**
- Meatball Sub
- Side Picks**
- Caesar Salad
 - Blueberries & Cream
 - Assorted Fresh Fruit
- Deli Picks**
- Hot Dog on Bun
 - Ham & Cheese Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
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31

- Signature Picks**
- A Gruffalo Halloween Brunch
 - Scrambled and Baked Snake - Ham, Cheese, and Eggs
 - Purple Prickle Pancakes - Blueberry Pancakes
- Side Picks**
- Roasted Fox - Maple Roasted Sweet Potatoes
 - Gruffaleo Crumble - A Mixed Fruit Cobbler
- Deli Picks**
- Bacon, Egg & Cheese on English Muffin
 - Egg Salad Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
 - Garden Chef Salad with Cheese
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